

## While You Decide...

**Bread & Olives** 4  
Gordal olives, Italian bloomer bread, balsamic & EVOO

## Starters

**Mussel Gratin** 8  
Scottish mussels in a three cheese sauce with toasted bloomer

**Vegetable Pakora** 7  
Homemade vegetable pakora with mint raita

**Patatas Bravas** 6  
Smoked paprika dusted crispy Scottish Potatoes, lightly spiced tomato sauce, garlic mayonnaise and mojo verde

**Crispy Panko King Prawns** 9  
Asian slaw dressed with mojo Verdi and sweet chili dip

**Buffalo Chicken Tenders** 7  
Crispy chicken tossed in Franks hot sauce served with raw slaw and blue cheese mayonnaise

**Roast Tomato & Red Pepper Soup** 5  
Chargrilled Italian Bloomer and Lurpak butter

**Firecracker Cauliflower** 8  
Sweet Sriracha coated crispy fried cauliflower with crispy onion and garlic mayonnaise

**Cherry Tomato, Basil Bruschetta** 7  
Cherry tomatoes in a basil dressing with toasted Italian bloomer with balsamic glaze

**Haggis Fritters** 7  
Scottish Haggis deep fried in panko breadcrumbs with Clapshot potato and peppercorn sauce

**Sharing Platter** 20  
Chicken Tenders, Haggis Fritters, Vegetable Pakora's & Firecracker Cauliflower with garlic mayo & mint raita dip

## Burgers

*All burgers served on a St Pierre seeded brioche bun with sliced beef tomato, baby gem lettuce, garlic mayonnaise and side of skinny fries*

**Classic Bacon & cheese beef burger** 14

**Cajun Chicken** 13

**Vegan Crispy Cajun** 13

**Crispy Chicken** 13

**Salt n chili Halloumi** 13

**Buffalo Chicken** 14

## Bar Snacks & Sides

**Loaded Fries** – skinny fries, crispy onions & choice of sauce  
Katsu curry | 3 Cheese | Peppercorn 5

**Clapshot Potato | Firecracker Cauliflower | Mac N Cheese** 4

**Skinny Fries | Salt n Chilli Fries | Roast Potatoes** 4

**Red Cabbage Slaw | Buttered Broccoli** 4

## Senior Citizens

*Available 12 'til 4pm Tuesday to Friday*

**Mini Fish N Chips** 9  
Beer battered haddock, fries and tartar sauce

**Butterfly Chicken** 9  
Grilled chicken with peppercorn sauce and fries

**Macaroni Cheese** 9  
Classic Macaroni and 3 cheese sauce served with skinny fries

Add choice of tea or coffee with either fruit or plain scone, butter & jam for only £3

## The Sunday Roast *Only £19*

**30-day dry aged Tweed Valley topside of beef**  
served pink with Yorkshire pudding, crispy roast potatoes,  
glazed carrot, buttered broccoli and red wine jus

**Included in the Sunday Lunch Menu - 2 courses £19.95**

## Classic Mains

**£9 every Tuesday & Wednesday from 12 'til 8pm**

**Hunters Chicken** 14  
Chargrilled chicken smothered with BBQ sauce, bacon and mozzarella cheese served with skinny fries

**Crispy Fried Chicken Katsu Curry** 14  
Lightly spiced crispy fried chicken with katsu curry sauce, steamed basmati rice and red cabbage slaw

**Scampi & Chips** 15  
Homemade scampi, crispy coated king prawns with chips, tartar sauce and lemon wedge

**Macaroni Cheese** 12  
Classic Macaroni and 3 cheese sauce topped with skinny fries

**Monties Chicken Kebab** 14  
Marinated chicken fillets chargrilled with Asian slaw, garlic mayonnaise, firecracker sauce on a toasted garlic naan with side of skinny fries

**Monties Vegan Kebab** 14  
Crispy fried vegan fillet with Asian slaw, garlic 'mayonnaise', firecracker sauce on a toasted naan with side of skinny fries

**Monties Halloumi Kebab** 14  
Salt n chilli Halloumi with Asian slaw, cucumber mint raita, firecracker sauce on a toasted garlic naan with side of skinny fries

## Signature Mains

**Chicken Balmoral** 17  
Chargrilled Chicken with smoked bacon, crispy haggis fritter, peppercorn sauce served with Clapshot potato

**Steak Pie** 18  
Slow braised feather blade of British Beef topped with red wine jus and puff pastry pie lid with glazed carrot and roast potatoes

**Braised Beef Pepper Sauce** 17  
Slow braised feather blade of British Beef with buttered broccoli, braised rice and peppercorn sauce

**Steak Frites** 26  
35 day aged Scottish Sirloin of Beef cooked pink served with skinny fries and choice of pepper sauce OR red wine jus

**Catalonian Fish Stew** 20  
Haddock, king prawns, mussels and chorizo with cherry tomatoes spring onions in a paprika spiced tomato sauce with crusty bloomer bread

**Classic Fish & Chips** 16  
Beer battered angel cut haddock fillet with skinny fries, tartar sauce and lemon wedge

**Half haddock fillet same accompaniments** 9

**Haddock Mornay** 18  
Poached haddock fillet with smoked cheese sauce, buttered broccoli and crushed roast potatoes with scallions and garlic

**Firecracker Cauliflower** 13  
Sweet Sriracha coated crispy fried cauliflower florets tossed with spring onions and crispy onions served with steamed basmati rice

**Allergens:** Please advise server of **all** food allergies.  
Allergen matrix available on request.  
**Please note we sell nuts behind the bar**

# Light Lunch @ Monteiths

## Sunday Fork Out Less

2 Course £19.95 | Add dessert £5

### Starters

#### Vegetable Pakora

Vegetable pakoras with cucumber, mint raita

#### Roast Tomato and Red Pepper Soup

Chargrilled Italian Bloomer and Lurpak butter

#### Patatas Bravas

Smoked paprika dusted crispy Scottish Potatoes, lightly spiced tomato sauce, garlic mayonnaise and mojo verde

#### Haggis Fritters

Crispy haggis fritters with Clapshot potato and peppercorn sauce

#### Buffalo Chicken Tenders

Crispy chicken tossed in Franks hot sauce served with raw slaw and garlic mayonnaise

#### Tomato Bruschetta

Cherry tomatoes with salsa Verdi and balsamic glaze on slice of toasted garlic buttered Italian loaf.

### Main Course

#### Fish & Chips

Battered Haddock fillet with lemon wedge, tartar sauce and skinny fries

#### Chicken Balmoral

Chargrilled Chicken with smoked bacon, crispy haggis fritter, peppercorn sauce served with Clapshot potato

#### Haddock Mornay

Poached haddock fillet with smoked cheese sauce, buttered broccoli and crushed roast potatoes with scallions and garlic

#### Macaroni Cheese

Classic Macaroni and 3 cheese sauce topped with skinny fries

#### Classic Beef Burger

St Pierre Brioche Bun, 6oz beef burger with mozzarella cheese, shredded iceberg lettuce, sliced tomato, garlic mayonnaise and side of skinny fries

#### Crispy Chicken Katsu Curry

Lightly spiced crispy fried chicken with katsu curry sauce, steamed basmati rice and red cabbage slaw

#### Monties Chicken Kebab

Marinated chicken fillets chargrilled and served with dressed slaw, garlic mayonnaise, spicy firecracker sauce on a toasted garlic naan with side of skinny fries

#### Firecracker Cauliflower

Sweet Sriracha coated crispy fried cauliflower florets tossed with spring onions and crispy onions served with steamed basmati rice

### Breads

#### Breakfast Rolls

Served on toasted St Pierre Brioche Bun with Lurpac butter portion: -

Smoked Bacon Rashers 5

Smoked Bacon Rashers and a fried egg 6

#### Toasted Sandwiches 10

Only available Tuesday to Saturday 12 'til 4pm

All sandwiches served between 2 toasted slices of Italian bloomer bread from Newlands Home Bakery

With choice of skinny fries or Roast tomato & smoked paprika soup

#### Club Sandwich

Chargrilled chicken, crisp gem lettuce, sliced beef tomatoes, garlic mayonnaise

#### Chicken Tikka Melt

Chargrilled marinated chicken, melted three cheese mix

#### BLT

Smoked bacon rashers, crisp gem lettuce, sliced beef tomatoes & garlic mayonnaise

#### Buffalo Chicken Melt

Crispy Chicken tenders in Franks hot sauce with caramelised onions and melted cheddar cheese

#### Cheese & Tomato

Sliced beef tomato, cherry tomatoes and molten mozzarella cheese with salsa verdi

### Desserts

Sticky Toffee Pudding 7

Toffee sauce and vanilla ice cream

Apple and Berry Crumble 7

Vanilla ice cream

Crème Brûlée 8

Set vanilla custard with caramelised top with Shortbread

Tablet Sundae 6

Homemade tablet chunks with vanilla ice cream and toffee sauce

Neapolitan Sundae 6

Scoop of vanilla, strawberry & chocolate ice cream with chocolate sauce, raspberry coulis and whipped cream

Affogato 5

Espresso shot with scoop of vanilla ice cream

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