

Starters

While you decide: Picante Gordal Olives – Spanish pitted olives

King Prawn Marie Rose – Tangy Marie Rose, iceberg lettuce, cherry tomato and red onion salad with lemon wedge GF	£8
Vegetable Pakora – with sweet chili dip VG/ GF	£7
Salt n Chilli Grilled Halloumi - broad beans, broccoli rice, petit pois, spinach, and spring onion in honey mustard dressing GF/VGN	£6
Patatas Bravas – Crispy potato puffs, spicy tomato & red pepper sauce, garlic aioli & coriander GF/VGN	£6
Mini Corn Dogs – With tomato ketchup & English mustard	£5

Ham Hock Terrine	£8
Ham Hock, Pickled carrot and mustard terrine with caramelised onion chutney and pee guacamole.	
Traditional Haggis – With Clapshot & peppercorn sauce	£8
Buttermilk Chicken Tenders – BBQ mayonnaise GF	£7
Roast Tomato and Red Pepper Soup VGN	£5
Chargrilled Italian Bloomer and Lurpak butter	
Firecracker Cauliflower – Garlic mayonnaise VGN	£6
Sharing Platter – 4 Buttermilk Chicken Tenders, 4 Veg Pakora Firecracker cauliflower and 2 corn dogs, garlic aioli, sweet chilli	£18

Classic Main Courses

*Fish and Chips	£15
Beer battered haddock, skinny fries, tartar sauce & lemon wedge	
*Macaroni Cheese VG	£12
Classic Macaroni and 3 cheese sauce topped with crispy onions and side of skinny fries	
Add: Piri Piri Chicken Panko Chicken Salt N Pepper Halloumi +£4	
*Firecracker Cauliflower VGN	£15
Crispy cauliflower florets in sweet & spicy sauce, spring onion and coriander with steamed basmati rice and crispy onions	
*Chicken Milanese	£14
Panko Breaded Chicken with spaghetti in Napoli sauce	
*Piri Piri Chicken	£14
Chargrilled Piri Piri chicken with roasted corn on the cob, side of salt n chilli fries and smoky BBQ mayonnaise	
*Katsu Chicken Curry	£16
Panko Breaded Chicken, Katsu curry sauce, steamed Basmati Rice and pickled red cabbage	

8oz Sirloin Steak GF	£25
32 day dry aged Tweed Valley Sirloin Steak - cooked pink and served with skinny fries, buttered broccoli and pepper sauce	
Garlic Buttered Sea Bass GF	£16
Pan seared sea bass fillets with broccoli florets, smashed roast potatoes and a spiced coriander lime dressing.	
Chicken Balmoral	£16
Char-grilled butterfly chicken breast topped with smoked bacon, haggis, peppercorn sauce served with traditional Scottish clapshot	
King Prawn Spaghetti	£16
King prawns sauteed in garlic butter with fresh cut chilli, cherry tomatoes and sliced red onion and a spiced coriander dressing	
Braised Beef & Mushroom Stew	£17
Tweed Valley, dry aged Beef in a garlic, chestnut mushroom, parsley and red wine jus with carrot clapshot potatoes	
Build your own main	from £13
See overleaf to create your own main course	

Burgers

All burgers are served on a Brioche Bun (Vegan/Gluten free Alternative available) and with a side of skinny fries

Classic	£12
Beef Burger with smoked bacon rashers, mozzarella cheese garlic mayo, shredded iceberg lettuce and sliced tomato	
Mexican	£13
Moving Mountains plant-based burger with pea guacamole, tomato salsa, Vegan mozzarella cheese and crispy onions	

Korean	£13
Panko breaded chicken with Gochujang paste, pickled red cabbage, sliced cucumber and mozzarella cheese	
Hunters	£13
Chargrilled chicken with smoked bacon, BBQ mayonnaise, mozzarella cheese, iceberg lettuce and sliced tomato	

Bowls

Chinese Spiced Bowl VGN	£12
Steamed basmati rice, hoi sin ketchup, garlic mayonnaise, Asian slaw and pickled red cabbage	

Green Valley Bowl VGN	£12
Buckwheat, broad beans, broccoli rice, petit pois, spinach leaf and spring onion in olive oil honey mustard dressing	

Now choose your protein: Panko Breaded Chicken | Piri Piri Chicken | Salt n Chilli Haloumi | plant based fillet |

The Sunday Roast *Only £18*

30-day dry aged Tweed Valley topside of beef
served pink with Yorkshire pudding, crispy roast potatoes, glazed carrots, pancetta sprouts and red wine jus

Sides *£4 each*

Skinny Fries | Salt n Chili Fries | **VGN GF** Patatas Bravas | Steamed Rice
VGN Firecracker Cauliflower | corn on the cob | Clapshot | Broccoli
Green Valley Salad | Asian Slaw

Here's The Deal

Fork Out Less

Tuesday to Thursday 12 'til 8pm
Friday & Saturday 12 'til 5:30pm

2 course menu for only £16

Or

50% Off Classic Mains marked *
Every Tuesday or Wednesday 12 'til 8pm

Eggs

Available daily 'til 3pm

Breakfast Burritos

£8

Smoked Bacon Rashers, crispy potato puffs, scrambled egg, mozzarella cheese, chilli sauce, aioli, coriander and pickled cabbage
Salt n Chilli Halloumi potato puffs, baked beans, mozzarella cheese, chilli sauce, aioli, scrambled egg, coriander and pickled cabbage

Brioche Roll

Bacon Roll

£4

Add Fried Egg

£2 extra.

Monties Roll

£7

Smoked bacon, Fried Egg, Hoi Sin Ketchup, Pea Guacamole

Monties Veggie Roll **VG**

£7

Salt n Chilli grilled halloumi, pickled red cabbage, Hoi Sin Ketchup, Pea Guacamole and fried egg

Skillets

£8

Crispy potato puffs, tomato red pepper sauce, smoked bacon, mojo verde and aioli topped with fried egg

Vegetable fritters with sliced red onion, spiced tomato sauce, **VGN** vegan mozzarella, aioli, mojo verde topped with plant based fillet

Nasi Goreng

£10

Indonesian breakfast rice with chilli, garlic king prawns, Chinese cabbage, fried egg, crispy onions and chilli coriander sauce

On Toast

£8

Bacon & Egg: Grilled Smoked Bacon Rashers and fried egg

Salt n chili haloumi: Pea guacamole, topped with scrambled egg, aioli and a coriander lime sauce **VG**

Burritos

Available daily 'til 6pm

Juan Bing **VGN**

£9

Hoisin chilli sauce, iceberg lettuce, cucumber, scallion & coriander with pan roasted sliced plant based fillet

Balmoral

£9

Robertsons Haggis, smoked bacon, clapshot potato, peppercorn sauce and grilled chicken

Mexican

£9

Basmati rice, tomato salsa, pea guacamole and mozzarella cheese with panko breaded crispy chicken

San Diego

£9

Skinny fries, tomato salsa, pea guacamole and mozzarella cheese and Piri Piri Chicken

Senior Citizens

Available 12 'til 4 Tuesday to Friday

Only £9

Mini Fish N Chips – Beer battered haddock, skinny fries and tartar sauce.

Butterfly Chicken – Simply grilled butterflied chicken served with peppercorn sauce and skinny fries.

Sea Bass Salad – Pan seared sea bass fillet, Buckwheat, broad beans, broccoli rice, petit pois, spinach leaf and spring onion in olive oil honey mustard dressing.

Any Tea or Coffee and a Scone for £3

Build Your Own

1 – Protein

Single £13

Double £17

Piri Piri [Grilled Chicken Butterfly](#)

1 Breast

2 Breasts

Panko [Breaded Butterfly Chicken](#)

1 Breast

2 Breasts

Hot n Spicy [Fried Chicken Tenders](#)

6 Fillets

12 Fillets

Garlic Butter [Seared Sea Bass](#)

1 Fillets

2 Fillets

Salt n Pepper [Grilled Halloumi](#)

4 Slices

8 Slices

Piri Piri [Plant Based Fillet](#) **VGN**

1 Fillet

2 Fillets

2 – Sides

Fried Side: Skinny Fries | Salt n Chili Fries | **VGN GF** Patatas Bravas | Salt & Chili Crispy Potato Puffs | **VGN** Firecracker Cauliflower

Carb Sides: Macaroni Cheese | **VGN** Tomato Spaghetti | Garlic Bread | Clapshot Potato | Roast potatoes

Veg Sides: Corn on Cob | **VGN GF** Steamed Rice or... | Buttered Broccoli Florets

Salad Sides: [Asian Slaw](#) **VGN GF** – Sliced Chinese cabbage, white onion & carrot with a chili, coriander & lime dressing.

[Green Valley Salad](#) **VGN GF** – Buckwheat, broad beans, broccoli rice, petit pois, spinach leaf and spring onion in honey mustard dressing

3 – Optional Extras

Dips/Toppings £1 each

Sauce £2 each

Dips: **VGN** Garlic Aioli | Hoi Sin Ketchup | Sweet Chilli | Firecracker | BBQ Mayonnaise | Mojo Verde |

Toppings: Asian Slaw | Pickled Red Cabbage | Pea Guacamole | Crispy Onions | Shredded Lettuce | Sliced Tomato

Sauces: Red wine Jus | Creamy peppercorn | Spiced Napoli Sauce | Katsu Curry

Allergens: Please inform your server of all food allergies and intolerances – our allergen matrix is available on request

GF – Gluten Free

VGN – Vegan

VG - Vegetarian